



2016-2017 Season

To Parents of Junior High Students:

All students in the fifth through eighth grades of Immaculate Conception School are eligible to try-out and participate in the sports program - otherwise known as the "Bulldogs". This program is offered here to help develop the skills of the individual and to help build on the team play mentality. The Bulldogs program is an excellent way to help prepare your child for the demands of high school sports.

Although there have been many budget cuts in middle school sports throughout the state, we are proud to say that our program remains unscathed. The cost of the program is funded through fundraising efforts and individual participation fees. You will note that the cost to participate is competitive with that of the surrounding recreation programs.

In order to participate in the program, *all families are required to pay a participation fee* (pricing schedule attached) *per sport and **post a work bond of \$200 per family***. Please write two separate work bond checks, one for \$125 and one for \$75. In order to receive your work bond back at the end of the current school year, each family is required to complete the following:

- Three hours of volunteer time per sport with a maximum of six (6) hours of service during the school year. Hours are not transferable.
- Attend any one Parent Meetings based on child's sport(s) during the year.
- Baking for the **all 3-bake sales** held during the year.

For 2016-2017 school year, there will be three bake sales. 11/19-11/20, 2/4-2/5 & 5/13-5/14

Driving and baking do not count towards hours.

If you think your son/daughter may be interested in participating in the program this year, you must complete the attached paperwork **no later than September 9, 2016**. This paperwork is required for every student regardless of what sport they may be playing. Fees are due at the beginning of each season prior to receiving their uniform.

Service hours can be worked at any of the fundraisers held during the year, in addition to the setup and cleanup for certain events. Please be sure to sign in and out at any fundraiser or event that you work in order to get proper credit. Your child helping at any event is doing so for the benefit of the team and does not count towards the required service hours or confirmation hours. The work bond checks will be returned at the end of the school year once the service hours and attendance at meeting are fulfilled and all uniforms are returned (see below). *Any family not completing the required service hours or returning uniforms will forfeit the work bond fee of \$125.00. Any family not baking for all three bake sales will forfeit the work bond of \$75.00. There are no exceptions.*

All participating students will be required to have a physical examination and must submit a signed "Annual Athletic Physical Examination Form" dated within one year of the start of any sports season

he/she is participating in. Your child will not be permitted to try out or play without this current form on file. Forms are available on the ICS website.

All students and parents are required to sign a Code of Ethics form. In addition, all students must adhere to the grade/extracurricular activity policy attached. Parents are expected to maintain proper control and behavior at all games whether home or away. We are an extension of the school and are expected to behave appropriately.

Participation fees are scheduled and due before the first game of the season. Non-payment will result in your child being benched until fees are received.

At the end of the season, all players are expected to promptly return all uniforms in good clean condition. Please note that any required uniform or parts thereof not returned will cause the cost of the uniform to be charged against your work bond fee.

Please return all forms as soon as possible. Welcome to the Bulldog's Family. We look forward to a great year!

Most sincerely,
Maureen Herban &
Michele Lupiano
Co-Presidents, Immaculate Conception Athletic Association

For any questions, please contact mherban@yahoo.com



2016-2017 School Year Participation Schedule

	1st Sport	2nd Sport	3rd Sport	Max Fee per child	Max Fee per family
1st Child	\$95	\$70	\$50	\$215	\$215
2nd Child	\$70	\$50	\$35	\$155	\$370
3rd Child+	\$55	\$35	\$35	\$125	\$495



Grade/Extra-Curricular Activity Policy

Interested in Playing a Sport:

NEED:	Will be taken Off/Suspended if:
FALL SPORT	
<ul style="list-style-type: none"> * Must start school in good standing * No failure from previous school year 	<ul style="list-style-type: none"> * 1st quarter progress report is poor * Grades drops below a 78 average as per Ms. Erath and teacher
WINTER SPORT	
<ul style="list-style-type: none"> * 1st quarter report card with all grades 78 and above 	<ul style="list-style-type: none"> * 2nd/3rd quarter progress report is poor * Grades drops below a 78 average as per Ms. Erath and teacher
SPRING SPORT	
<ul style="list-style-type: none"> * 3rd quarter report card with all grades 78 and above 	<ul style="list-style-type: none"> * 3rd/4th quarter progress report is poor * Grades drops below a 78 average as per Ms. Erath and teacher.

NO EXCEPTIONS. The student has a 78 or better in all subjects, major and minor.
This in not negotiable.



2016-2017 Student Information

Name:	
Address:	
Home Phone #:	
Mothers Name:	
Mothers Cell:	
Mothers Email:	
Father's Name:	
Father's Cell:	
Father's Email:	
Emergency Contact Name/Relationship	
Emergency contact #:	
Child's Grade:	
Homeroom teacher:	

For Internal Use Only

Sport(s)			
Fee:			
Date/ck#:			
Work bond:	PD: Y/N	Check #:	Date:
Physical Form:	Y/N	Date:	



2016-2017

My son/daughter, _____, Grade _____, has expressed an interest in participating in the Bulldogs Sports program for the school year 2016-2017. He/She is interested in the following sports:

- Soccer _____
- Cross Country _____
- Basketball _____
- Track & Field _____
- Softball _____

Student T- Shirt Size _____

We understand that each sport has a try-out requirement. A position on the team is likely, but is not guaranteed.

We further acknowledge our understanding of the following: (please initial each bullet)

- _____ A participation fee is required for each sport played based on the published schedule. Payment is due prior to the first game of the season.
- _____ A work bond fee of \$200 is required to be posted. Upon successful completion of all requirements, the check(s) will be returned un-cashed. However, in the event that all requirements are not fulfilled or a uniform is not returned, the work bond check(s) will be cashed and retained by the program.
_____ As a participant in the program, we are required to bake for all three (3) bake sales scheduled for the year- 11/19/16-11/20/16, 2/4/17-2/5/17 & 5/13/17-5/14/17
- _____ As a participant in the program, we are required to attend the parents' meeting for the sports that your child will be participating in -- Dates TBA
- _____ As a participant in the program, we are required donate three (3) hours of volunteer time for each sport played with a maximum of six (6) hours for the school year. Hours are not transferrable.
- _____ We will provide a valid email address in order to receive communications regarding the program, change in event schedules, as well as work bond opportunities.
- _____ Failure to fulfill all requirements will result in the forfeiture of our work bond.
- _____ We understand the grade policy and acknowledge that the principal has the final word regarding the eligibility of a student to participate in the program.
- _____ We acknowledge that our child must have a valid sports physical form on file in order to participate in the program.

Parent Signature _____ Date _____

Print name: _____

Immaculate Conception School

Athletics Department - Parent Policy

Parents, siblings, relatives, and friends are welcome and encouraged to attend as many Bulldog games as possible to show support for and cheer on our students. ICS has established the following guidelines for parents attending ICS sporting events.

1. Parents should respect all players, other parents, coaches, and officials at all times. Parents should not be loud towards players, referees, or spectators. An adult should know failing to show respect for people who are doing the best they can set a bad example for children and can result in expulsion from the venue. If someone else makes an inappropriate comment, the parents will not make a negative response that could lead to a confrontation. As Parents, negative emotions should be controlled to avoid embarrassing himself/herself and the team, risking ejecting and hurting the team's chances of winning. Parents should realize that their behavior influences young players.
2. Parents should know that the coach is not required to play all of their student athletes in each and every contest, but the school would like to see participation by all student athletes during the course of the season. It is important to make everyone feel they are part of the team. Parents should remember that encouragement and praise for every child, not just the best athletes, is critically important to their self-esteem and their ability to achieve the most they can.
3. Parents will not coach players from the sideline; this can confuse or distract the children. The coach is responsible for making the team decisions, which includes positioning, offensive, defensive strategy/tactics and substitutions.
4. Parents should recognize that striving to win is what is important. Not necessarily winning itself. Striving to win means doing the best that you can.
5. Parents should acknowledge that making mistakes and losing are part of life. We all suffer setbacks. Parents must be tolerant of the mistakes of players, other parents, referees, and others. He/she must recognize that mistakes are opportunities for learning.
6. Parents can assist the team via fundraising activities, volunteering to help watch the students at practices and games, they can help pack and carry the equipment, and serving water and nutritional snacks is always greatly appreciated. Parents, however, should not expect special treatment of their son/daughter if they volunteer to help.
7. Parents that do not abide by these rules will be asked to leave the field/gym and will not be permitted to attend the next game. If the parent does not abide by these rules a second time, they will not be permitted to attend any remaining games during the season. 7. Parents must understand that their child must maintain a 78 average in all classes to be eligible to participate and stay on the team. If a student athlete has a grade below a 78 at the end of the marking period, the student will not be allowed to participate on any Bulldog's team until the following marking period. At that time, the student must have a 78 or better in all classes. For example, if a student receives a grade below a 78 for math at the end of the 1st marking period, the student must have a 78 or better at the end of the 2nd marking period in order to be eligible to participate an athletic program again.
8. If a student's grade is below a 78 during a marking period, the Principal has the right to remove the student from the Athletic Team until he/she feels the student's grades are acceptable.
9. All uniforms and any school issued team equipment must be returned at the end of the season.
10. Parents will be asked to complete a suggestion/comment form at the end of the season to help improve our programs in the future.

As a parent, I recognize that within the parameters of competition, sportsmanship and fair play are paramount. I pledge that I will commit to promoting an atmosphere of healthy competition to ensure fun for all participants.

I have read and agree to the terms of the I.C.S. Parent Policy.

Parent's Signature

Date

Immaculate Conception School

Athletics Department - Student Athlete Policy

1. The student athlete is a representative of the school and must conduct himself/herself in a respectful manner at all times (which includes during school, practice, traveling, and games). The student athlete must show respect for his/her coach, game officials, teammates, fans, other school coaches, and other players at all times. Students should not be loud or negative towards players, referees, coaches, or spectators. Every player must control his/her negative emotions to avoid embarrassing oneself and the team, risking ejection from the match or the team, and hurting his/her team's chances of winning.
2. Students should recognize that striving to win, rather than winning itself if what is important in life. Striving to win means doing the best you can.
3. If a student athlete has a grade below 78 at the end of the marking period, the student will not be allowed to participate on any Bulldog's team until the following marking period. At that time, the student must have a 78 or better in all classes. For example, if a student receives a grade below a 78 for math at the end of the 1st marking period, the student must have a 78 or better at the end of the 2nd marking period in order to be eligible to participate an athletic program again.
4. If a student's grade is below a 78 during a marking period, the Principal has the right to remove the student from the Athletic Team until he/she feels the student's grades are acceptable.
5. In the circumstance where two different sports are offered in the same season, the student athlete is eligible to play both sports, if the need arises. However, the student athlete must choose a primary sport. The athlete will be permitted to participate in the secondary sport as long as there are no conflicting games or meets with the athlete's chosen primary sport. The athlete must participate in and complete a mandatory minimum of six (6) practices with the primary sport before being eligible to participate in the secondary sport. To the extent that there are no conflicts with the primary sport, the athlete will be permitted to participate in practices for the secondary sport during the mandatory minimum practice period. Both team coaches must be notified and agree with the dual commitment. The student must have an 85 or better in all subjects, major and minor in order to be allowed to play two sports in one season.
6. The student athlete will behave and not partake in mischief at ICS or any other school at which they are competing. Any discipline given by a teacher or principal for a student athlete's misbehavior could result in loss of participation from their sport. The student athlete will not return to the team until serving his/her disciplinary action. The coach of the team has the right to discipline any student athlete by way of suspension from the team (on a temporary or permanent basis) if he/she finds the behavior of the athlete inappropriate or unacceptable.
7. The student athlete understands playing time is the coach's decision and not a guarantee.
8. All student athletes are required to return the entire uniform at the end of the season. If they do not, they will be required to pay the cost for a replacement.
9. Sports involve teamwork and cooperation with others. The student athlete should keep in mind that they are part of the team and they should contribute what they can give to make the team better. No team should be about one or two players.
10. Sports are supposed to be fun and a good learning experience. Sports should help build a student athlete's self-confidence and improve their physical, mental, and social health. Enjoy the time you spend on the team.
11. As a player, I acknowledge that making mistakes and losing are part of life. We all suffer setbacks. I pledge that I will be tolerant of the mistakes of players, coaches, referees, and others. I recognize that mistakes are opportunities for learning.

I have read and agree to the terms of the I.C.S. Student Athlete Policy.

Student Athlete

Date